

# Annapurna Circuit Trek

## Trip Overview

Annapurna Circuit Trek is a long-distance trek and is quite famous for trekkers. The trek is inside the Annapurna mountain range in central Nepal. For this trek, you need to cross different river valleys and the enclosed Annapurna massif. The highest point of this trek is Thorang La Pass (5416 m), which is the highest pass in Nepal. Most of the trek in the Annapurna region begins in Pokhara, but this trek starts in Besisahar or Bhulbule. So, it is in an anticlockwise direction so that trekkers can easily acclimatize with an altitude gain. From this way, altitude gain is slower, and crossing the Thorang La pass is easier and safer too. Road construction has made the trek a bit easier, but trekkers are worried about losing the remote charm of this region.

The real charm of the Annapurna circuit trek is the beautiful landscapes, picturesque villages, magnificent mountains, subtropical forests, waterfalls, and gigantic cliffs. The medieval villages of Pisang, Chame, Manang, and Mustang, famous for their architecture and picturesque structures, are amazing to be in. Annapurna Range is home to numerous peaks that rise from 6000 to 8000m. The very up-close and stunning views from the Thorang La pass of the Annapurna massif, including Dhaulagiri, Machhapuchhre, Manaslu, Gangapurna, Tilicho Peak, Pisang Peak, and Paungda Danda, are surreal. The magnificent Tilicho Lake, surrounded by the mountains, gives a perfect reflection of the mountains in the morning. You will never forget how the glistening mountains were so close to you. Not only the sights of the Himalayas are on the way, but plenty of wildlife can be seen as well.

The trek starts from Besisahar after a seven-hour drive from Kathmandu, passing beautiful villages, paddy fields, rivers, and waterfalls. You can take a private vehicle to Manang Valley or trek there from Besisahar. You may see the cultural variation where you will find Hindu villages in the low foothills and the Tibetan culture of Manang Valley and lower Mustang. The trail is thrilling and full of adventure. The beginning of the trail is affected by the cliffs. At last, the trail ends at the world's deepest gorge, Kali Gandaki Gorge.

Annapurna Circuit trek may be a long trek, but all the hard work pays off with the beautiful scenery of mountains, landscapes, cliffs, waterfalls, glaciers, lakes, and enchanting villages. Make this even more amazing with the Highland Eco Trek. We will make the perfect, organized trip that will be the best trip of your life.

## Trip Highlights

- A day tour of Cultural heritage of Kathmandu Valley
- Teahouses and the local hospitality
- Charming villages throughout the journey
- A day hike from Manang to Ice Lake
- Beautiful Tilicho Lake
- Crossing Thorong La Pass
- Wide range spectacular mountain scenery

## Trip Itinerary

**Day 1: Pick up from the airport and transfer to the hotel.**

In the wake of arriving at the Tribhuvan International Airport, you will be welcomed by a delegate

from Highland Eco Trek who will drop you off at your lodging. At night an appreciated supper will be facilitated by Highland Eco Trek. Overnight in Kathmandu.

## **Day 2: Sightseeing Kathmandu and plan for trekking**

After breakfast, we start our voyage through four stunning UNESCO World Heritage Sites. These incorporate the structurally rich Durbar Square, the holy Hindu sanctuary of Pashupati Nath, the intriguing 'Monkey Temple' (Swayambunath) and Buddha Nath Stupa which is one of the biggest stupas on the planet. Subsequent to finishing our visit late toward the evening, we drive to Highland Eco Trek office for a concise meeting about our trek and become more acquainted with our group pioneer (guide) and kindred explorers.

## **Cost Includes**

- pickups and drops in a private vehicle at the Airport upon your arrival and departures
- All ground transportation is on a comfortable private vehicle as per the itinerary.
- 3-star hotel accommodation in Kathmandu with breakfast (the hotel standard will be changed as you wish).
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- Teahouse accommodation during the trek.
- Domestic flights as per the itinerary.
- Breakfast, lunch, and dinner during the trek.
- Accommodation is provided in guesthouses throughout the trek.
- An experienced, English-speaking, and government-licensed trekking guide.
- Porter service (2 trekkers: 1 porter).
- Trekking crew, including their salary, insurance, equipment, domestic airfare, food, and accommodation.
- Highland Eco's duffel bag.
- All necessary paperwork and trekking permits (Permit ACAP, Conservation Fee, TIMS).
- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees.

## **Cost Excludes**

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, or early return from the mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu
- International flights
- Personal trekking equipment, which is not provided by Highland Eco-Trek
- Travel and rescue insurance
- Tips to the guide, porter, driver, or any other trekking staff