## Annapurna Circuit Trek with Tilicho Lake Trek

## **Trip Overview**

The Annapurna Circuit Trek is one of the world's most rewarding trekking routes for adventurers. Trekking the Annapurna Circuit not only gives you access to one of the world's highest glacial lakes, Tilicho, and Thorong La Pass (5416 m), but it also provides a beautiful view of the enormous snowfed mountain ranges and valleys.

This hiking trail provides breathtaking views of the surrounding landscape and exhilarating encounters for hikers. The Annapurna Circuit hike is notable for its high mountain beauty, Himalayan flora and fauna, traditional ethnic communities, breathtaking vistas, natural waterfalls, and holy monasteries.

The Annapurna Circuit trip begins in Besisahar, following an 8-9 hour drive from Kathmandu. The trek then ascends along the Marshyangdi River before concluding in Kali Gandaki Gorge.

The walk winds through a stunning terraced paddy field, multiple natural waterfalls, subtropical forests, massive cliffs, and a variety of traditional villages. Various ethnic groups and their ways of life astound the trekkers on this journey.

Other significant features of Annapurna Circuit Trekking include Manang Valley, Lower Mustang, and Marpha. The parched scenery of Manang Valley and Lower Mustang is certain to offer trekkers a heavenly experience.

This path connects Nepal to Tibet. As a result, we will have firsthand knowledge of vernacular culture and civilization. Marpha is a popular name for apples. The luscious apples give beauty to this village, which will be enjoyable to visit.

At Highland Eco Trek, we plan a variety of thrilling treks to the Annapurna Circuit with the safety and happiness of our visitors as our top priorities. Being a member of Highland Eco Trek has made a difference for me. Do not hesitate to get in touch with us if you would like to alter the itinerary of your trip to fit your schedule and preferences.

Are you looking for quick, easy-to-moderate trekking in the Himalayas of Nepal? Visitors can also review our offer for the treks to the <u>Everest base camp</u>, the <u>Annapurna base camp</u>, and the <u>Langtang Valley</u>.

# **Trip Highlights**

### **Trip Itinerary**

#### Day 1: Pick up from airport transfer to the Hotel

Our representative will pick you up at the airport. You will be escorted to your hotel. Then, our representative will explain the plans for the trek and tours. For more details, contact us.

#### Day 2: Heritage sightseeing

After breakfast, we start our journey through four stunning UNESCO World Heritage Sites. These incorporate the structurally rich Durbar Square, the holy Hindu sanctuary of Pashupati Nath, and

the Buddha Nath Stupa, which is one of the biggest stupas on the planet. After finishing our visit late in the evening, we drove to the hotel to become more acquainted with our group pioneer (guide) and kindred explorers.

#### Day 3: Drive from Kathmandu to Dharapani

Sharing Bus and Jeep to Dharapani via Besishahar

- Day 4: Trek from Dharapani to Chame
- Day 5: Trek from Chame to Pisang
- Day 6: Trek from Pisang to Manang
- Day 7: A day for rest at Manang for acclimatization
- Day 8: Trek from Manang to Tilicho Base Camp
- Day 9: Morning visit to Tilicho Lake and back to Shree Kharka
- Day 10: Trek from Shree Kharka to Yak Karka
- Day 11: Trek from Yak Kharka to Throng Phedi
- Day 12: Trek from Phedi to Muktinath via Throng La Pass
- Day 13: Drive to a hot spring
- Day 14: Trek to Ghorepani
- Day 15: Morning visit Poon hill park and trek down to the Ulleri, then drive to Pokhara

Day 16: Drive/Flight from Pokhara to Kathmandu

Day 17: Final takeoff

### **Cost Includes**

- pickups and drops in a private vehicle at the Airport upon your arrival and departures
- All ground transportation is on a comfortable private vehicle as per the itinerary.
- 3-star hotel accommodation in Kathmandu with breakfast (the hotel standard will be changed as you wish).
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- Teahouse twin bed sharing accommodation during the trek.
- Breakfast, lunch, and dinner during the trek.
- An experienced, English-speaking, and government-licensed trekking guide.
- Porter service (2 trekkers: 1 porter).
- Guide and staff wages, equipment, insurance, accommodation, and meals.
- Highland Eco's duffel bag.
- All necessary paperwork and trekking permits (Permit ACAP, Conservation Fee, TIMS).
- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees.

### **Cost Excludes**

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, or early return from the mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu and Pokhara
- International flights
- Highland Eco-Trek does not provide personal trekking equipment.
- Travel and rescue insurance (Required)
- Tips to the guide, porter, driver, or any other trekking staff