

# Honey Hunting in Nepal

## Trip Overview

Exploring Nepal's Mad Honey: A Thrilling Adventure into the Himalayan Cliff Honey Tradition

In the heart of the majestic Himalayas lies a tradition as old as the mountains themselves: honey hunting. Nestled amidst the towering cliffs and breathtaking landscapes of Nepal, this ancient practice is not just about collecting honey; it's a sacred ritual that connects communities with nature in a profound way. Known as Mad Honey, hallucinogenic honey, or simply wild honey, this golden nectar holds not only cultural significance but also promises an unforgettable adventure for those brave enough to seek it out.

**The Tradition of Honey Hunting:**

For generations, indigenous communities in Nepal have practiced honey hunting as both a means of sustenance and a spiritual endeavour. The honey hunters, often Gurung or Magar tribesmen, embark on perilous journeys to harvest honey from hives suspended high on cliffs. Armed with nothing but traditional ropes, bamboo ladders, and sheer courage, these skilled hunters braved dizzying heights to gather the prized honeycomb.

**Cultural Significance:**

Beyond its culinary value, wild honey holds deep cultural significance for the people of Nepal. It is used in religious ceremonies, traditional medicine, and even as a form of currency in some remote villages. The act of honey hunting itself is considered a sacred tradition, with rituals and prayers performed to honour the spirits of the cliffs and ensure a safe harvest. Sharing the honey with family and neighbours fosters bonds within communities and preserves age-old customs passed down through generations.

**The Mad Honey Experience:**

For adventurous travelers seeking a taste of the extraordinary, participating in a honey hunting expedition offers a once-in-a-lifetime experience. Imagine trekking through pristine forests, navigating rugged terrain, and ascending vertiginous cliffs to reach hidden hives teeming with wild bees. Alongside seasoned local hunters, you'll witness their remarkable skills and bravery firsthand as they scale sheer rock faces to retrieve the precious honeycomb.

The true essence of honey hunting lies in the camaraderie shared with local communities. Joining forces with indigenous guides not only enriches the experience but also supports sustainable tourism practices that empower rural economies. From learning ancient techniques to hearing captivating stories passed down through oral tradition, every moment spent with the locals offers insight into their way of life and deep reverence for the natural world.

In a world increasingly disconnected from nature, Nepal's honey hunting tradition serves as a poignant reminder of humanity's intimate relationship with the environment. Beyond the thrill of adventure and the allure of hallucinogenic honey, this ancient practice embodies a profound respect for the land and its inhabitants. Whether you're a seasoned explorer or a curious soul seeking new horizons, embarking on a journey into the realm of Mad Honey promises an unforgettable odyssey into the heart of the Himalayas.

# **Trip Highlights**

## **Trip Itinerary**

**Day 1: Pick up from airport transfer to the Hotel**

**Day 2: Sightseeing in Heritage sites in Kathmandu**

**Day 3: Driving to the honey hunting place**

**Day 4: Honey hunting exploration**

**Day 5: Honey hunting exploration**

**Day 6: Honey hunting exploration**

**Day 7: Drive back to Kathmandu**

**Day 8: Fly your destination**

## **Cost Includes**

- The airport picks up and drops off hotel transfers in private vehicles.
- 2 nights in the Kathmandu 2 Hotel with a B/B plan.
- Guide salary, insurance, food, and all accommodations.
- All ground transportation is private.
- During the tour, there are three meals (breakfast, lunch and dinner) tea, coffee, etc.
- All government taxes
- All necessary permits and all paperwork.

## **Cost Excludes**

- The Nepal Visa fee
- Your travel insurance,
- City meals
- Extra-night accommodation in Kathmandu because of early arrivals or late departures.
- Personal phone calls, laundry, bar bills, extra porters, bottled water, showers, heaters, etc.
- Tips for guides and drivers.