

# Saipal Himal Trek

## Trip Overview

Saipal Base Camp Trek is a well-liked trekking route named after Mt. Saipal Himal (7031m) in the western region. This Saipal Himal is the second-highest mountain in the western part of Nepal and also reassembles the sleeping golden ox. The Saipal base camp trek is an exceptionally rewarding and beautiful off-the-beaten-track trek. This trekking trail is unharmed and unexplored. For the Saipal base camp trek, a high-altitude trekking experience is not necessary; good health and fitness are enough. The Saipal Base Camp Trek will positively revitalize your trekking experience. Trekking to this Saipal base camp is enjoyed during the spring and autumn seasons.

Saipal Trek is a less crowded and undamaged trekking destination that starts from Simikot towards the Karnali river bank through the Thakuri and Bhotia settlements. Traditional villages, the rural lifestyle of the people, local farmers working on local crop fields, and Tibetan Buddhist monasteries and shrines are the greatest attractions of this trek that force you to synchronize yourself with that gorgeous scenario. It offers a panoramic Himalayan view of Saipal Himal, Api and Nampa, Thado Dhunga, Rajamba, Kapchuli, and Mt. Nandadevi, which are located in Uttar Pradesh, India. The rich flora and fauna add to the greatness of the mountain. This trekking camp gives a natural feeling in a peaceful environment.

The Saipal Base Camp Trek is a trip that takes you into the lap of Mt. Saipal, which passes from side to side through the treeless landscape, beautiful villages, the highland valley hidden under the glaciers, and lush vegetation. As a whole, the Saipal Base Camp Trek is a breathtaking experience of sinking into the least explored Western Nepal.

## Trip Highlights

- A day tour of UNESCO-listed world heritage sites of Kathmandu Valley
- Scenic flight to Simikot
- The unique culture and tradition of the western region of Nepal
- Fortresses like the stone villages of Chala
- Magnificent views of Mt. Saipal and Kanjirowa Dhaulagiri

## Trip Itinerary

**Day 1: Pick up from airport transfer to Hotel**

## Cost Includes

- pickups and drops in a private vehicle at the Airport upon your arrival and departure
- All ground transportation on a comfortable private vehicle as per the itinerary
- 3-star hotel accommodation in Kathmandu with breakfast ( hotel standard will be changed as you wish)
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- Domestic flights as per the itinerary
- Hotel accommodation in Nepalganj with breakfast
- Camp Accommodation during the trek
- Breakfast, lunch, and dinner during the trek

- An experienced, English-speaking, and government-licensed trekking guide.
- Porter service, trekking crew, including their salary, insurance, equipment, domestic airfare, food, and accommodation.
- Highland Eco's duffel bag.
- All necessary paperwork and trekking permits.
- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees.

## **Cost Excludes**

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, or early return from the mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu
- International flights
- Personal trekking equipment, which is not provided by Highland Eco Trek,
- Travel and rescue insurance Tips to the guide, porter, driver, or any other trekking staff