

# Rolwaling Tashi Lapcha Trek

## Trip Overview

Rolwaling Tashi Lapcha Trek is the folklore for the ultimate trekker and mountaineer. The valley was first visited by Eric Shipton and his team. Eric was the first person to take the legendary photo of the footprint of Yeti. The photo caused numerous rumours and discussions regarding the existence of the Yeti. Rolwaling Valley is home to the Rowling Himal and Gaurishankar ranges. When it comes to trekking in Nepal, only a few trekkers know about the place. Thus, the traffic on this route is very low compared to other trekking destinations in Nepal. The valley has a different compass reading than most of the east-to-west orientations.

Rolwaling Valley is connected to the very crowded and busy Khumbhu Valley in the east if you follow the trail through bedding, Langtang on the west, and Solukhumbhu to its east. Rolwaling Valley is brightened by the delightful Sherpa villages. Therefore, the culture, tradition, and lifestyle of the people living in the Khumbu valley are similar to those of the Rolwaling valley. The main highlight of this trek is Tso Rolpa, the biggest glacial lake in Nepal. Many visitors are attracted to Rolwaling Valley due to this beautiful glacial lake. As we know, Rolwaling Valley is connected to Khumbhu Valley, Langtang, and Solukhumbhu; thus, trekking on these trails is also possible from Rolwaling Valley. The trek to Rolwaling Valley is not as simple as having to cross Tashi lapcha Pass. For that reason, you may need a skilled and experienced guide to cross the pass.

Rolwaling Tashi Lapcha Trek is home to a large variety of flora and fauna. Animals like bears, snow leopards, and jackals. Furthermore, Rowling Valley is not only about mountains and animals; logically, for Hindus, the peak emblems are Lord Shiva and Parvati. And as for Buddhists, Gaurishankar Himal is the incarnation of Tashi Tseringma. Moreover, the Rolwaling Valley Trek definitely gives different vibes than other trekking destinations in Nepal. The journey starts with a sightseeing tour of UNESCO-listed world heritage sites in Nepal. The official trek starts from Chetchet which is a two-hour drive from Dolakha. Come along with Highland Eco Trek and explore the beautiful Rolwaling valley.

## Trip Highlights

- A guided tour of cultural heritage sites in the Kathmandu valley
- Small settlements of Sherpa community in Rolwaling valley
- Tso Rolpa, biggest glacial Lake of Nepal
- Crossing Tashi lapcha Pass
- Diverse flora and fauna
- Lukla Airport

## Cost Includes

- pickups and drops in a private vehicle at the airport upon your arrival and departure.
- All ground transportation is on a comfortable private vehicle as per the itinerary.
- 3-star hotel accommodation in Kathmandu with breakfast ( hotel standard will be change as you wish).
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- Teahouse and camp accommodations during the trek.
- Domestic flights as per the itinerary.

- Breakfast, lunch, and dinner during the trek.
- An experienced, English-speaking, and government-licensed trekking guide.
- Porter service, trekking crew, including their salary, insurance, equipment, domestic airfare, food, and accommodation.
- Highland Eco's duffel bag.
- All necessary paperwork and trekking permits (National Park Permit, GCAP, VDC and peak permit fee)
- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees.

## **Cost Excludes**

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu
- International flights
- Personal trekking equipment, which is not provided by Highland Eco Trek,
- Travel and rescue insurance
- Tips to the guide, porter, driver or any other trekking staff