#### Rara and Phokshundo Lake Trek

## **Trip Overview**

The Rara and Shey Phokshundo Lake Treks are two of the most beautiful treks in western Nepal. The Rara and Phokshundo Lake Trek is an opportunity to indulge in the serene beauty of the lake through trekking. Most of the trek in the western part of Nepal is off-beaten; therefore, it consists of lots of walking up and down through forests and isolated villages, which leads up to a high-altitude lake. The place not only offers the perfect scenery of the Trans Himalayas but also a blunder of nature's gifts. From exploring the unique flora and fauna to discovering one of the highest falls in Nepal,. Therefore, this trail leads you to one of the best places in Nepal.

The Rara and Phokshundo Lake Trek is an easy trail to reach Nepal's most cherished lakes. The place is perfect for nature observers as well as bird watchers. Pass through Rara National Park and Phokshundo National Park and explore the varieties of flora and fauna. The trek to Rara and Phokshundo Lake starts with a sightseeing tour of the UNESCO-listed world heritage sites of Kathmandu Valley. The trek is full of adventure and thrill, as you will find yourself wandering off to the natural beauty of the Jumla and Mugu districts. Join Highland Eco Trek in this exciting journey to the Rara and Phokshundo Lakes.

## **Trip Highlights**

- A day tour of the UNESCO-listed World Heritage site of Nepal
- Explore the biggest lake of Nepal, Rara Lake
- Explore the deepest lake of Nepal, Phoksundo Lake
- Visit Shy-Phoksundo National Park
- Visit Rara National Park
- Get insights into the local people and their culture, lifestyle, and tradition

# **Trip Itinerary**

#### Day 1: Pick up from airport transfer to Hotel

## **Cost Includes**

- pickups and drops in a private vehicle at the Airport upon your arrival and departure
- All ground transportation on a comfortable private vehicle as per the itinerary
- 3-star hotel accommodation in Kathmandu with breakfast ( hotel standard will be changed as you wish)
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- Domestic flights as per the itinerary
- Nepalganj hotel on B/B plan
- Breakfast, lunch, and dinner during the trek
- Accommodation in Camping during the trek
- An experienced, English-speaking, and government-licensed trekking guide.
- Porter service, trekking crew, including their salary, insurance, equipment, domestic airfare, food, and accommodation.
- Highland Eco's duffel bag.
- All necessary paperwork and trekking permits (National Park Permit, Resteted Permit).

- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees.

### **Cost Excludes**

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, or early return from the mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu
- International flights
- Personal trekking equipment, which is not provided by Highland Eco Trek,
- Travel and rescue insurance
- Tips to the guide, porter, driver, or any other trekking staff