

Helambu Circuit Trek

Trip Overview

The Helambu Circuit Trek takes you to the north of Kathmandu Valley, where you can see dense forests, little Buddhist villages, and alpine meadows with magnificent mountain views. It is one of the closest trekking destinations to Kathmandu. The Helambu area is very beautiful in its simplest form. The area is peaceful and calm, boosting the natural beauty and charming culture of Nepal. The place is mostly inhabited by the Tamang community and Hyolmu, so exploring the Tamang community is another interesting part of the trek.

The journey includes a sightseeing tour of the UNESCO-listed world heritage sites in the Kathmandu Valley. The official journey commences in Sundarjal, which is a small village on the outskirts of Kathmandu Valley. The drive from Kathmandu offers picturesque views of the Himalayas, forests, rivers, and many villages while meeting new faces. The Helambu Circuit Trek is a week-long trek that can be customized according to your flexibility.

The trail passes through Golphu Bhanjyang, continuing to Kutumsang, progressing to Tharepati, and then the trail drops swiftly down the ridge to Melamchi. Following up is a descent to Thimbu and Kiul at the bottom of the valley. Or rather, make it a more interesting and adventurous trek by crossing the river and climbing to the atmospheric stone village of TarkeGhyang on the east side of Melamchi Khola. Helambu Circuit Trek is amazing as it is the best combo of natural beauty and diverse culture.

Join Highland Eco Trek on this amazing journey and make your trek to Helambu Circuit one of the best memories of your lifetime.

Trip Highlights

- A guided tour of the cultural Heritage of Kathmandu Valley
- A scenic drive through charming little villages
- Passing dense rhododendron forests and rivers, seeing the magnificent mountains and alpine meadows
- Explore the Tamang community of the Helambu region

Trip Itinerary

Day 1: Pick up from airport transfer to Hotel

Cost Includes

- pickups and drops in a private vehicle at the Airport upon your arrival and departure
- 3-star hotel accommodation in Kathmandu with breakfast (hotel standard will be changed as you wish)
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- All ground transportation on a comfortable private vehicle as per the itinerary
- Teahouse accommodation and twin sharing are basic during the trek
- Breakfast, lunch, and dinner during the trek
- An experienced, English-speaking, and government-licensed trekking guide

- Porter service (2 trekkers: 1 porter)
- Trekking crew, including their salary, insurance, equipment, domestic airfare, food, and accommodation
- Highland Eco's duffel bag
- All necessary paperwork and trekking permits (Permit National park fee, TIMS)
- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees

Cost Excludes

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, or early return from the mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu
- International flights
- Personal trekking equipment, which is not provided by Highland Eco-Trek
- Travel and rescue insurance
- Tips to the guide, porter, driver, or any other trekking staff