

# Manaslu Larke La Pass Trek

## Trip Overview

Manaslu Circuit Trek is another popular trekking destination in the Manaslu region and a part of the great Himalayan trail. The Manaslu Larke La Pass trek is one of the most thrilling treks in Nepal. The highest point throughout the trek is Larke La Pass, at an elevation of 5161m. The Mansalu (8163m) mountain is the highest mountain in the Gorkha district and the eighth highest in the world. The trail to Manaslu offers beautiful scenery of mountains, forests, rivers, and charming villages with a variety of ethnic groups untouched by modernization. Thus, everything is intact in its actual form. Besides that, gorgeous glaciers, peaks, and ridges are other special features of this trek.

The trek starts from Machhakhola and ends at Besisahar, which is the starting point for the Annapurna Circuit Trek. The route is full of pine forest with a stunning mountain as a backdrop, which leads to the enchanting village of Samagoun. There is a beautiful monastery in Samagoun where nuns and monks reside. The next destination is Samdo, which is the highest village in the Budi Gandaki valley. The village offers a view of the valley and the Pang Phuchi village, with a view of the Tibetan border as a backdrop. The trail leads to other major valleys in Larke La. From there, you can view the panoramic scene of Himlung Himal, Kang Guru, Cheo Himal, and the occasional view of Annapurna massif. The trail further leads to Bhimtang, where you can see the Manaslu mountain.

The trekking in the Manaslu area is becoming popular nowadays. Before, it used to be a camping type of trek, but there are teahouses with a very limited choice of food and accommodation in the [Everest Region](#). The trek is not very hard, but it would require physical strength. The Manaslu region is a remote area where the means of infrastructure have not been reached yet. This region is also a conservation area with a variety of flora and fauna and a unique culture.

Join the Highland Eco Trek to explore the exceptionally beautiful region of Manaslu.

## Trip Highlights

- Remote and untouched trek.
- Larke Pass Trek (5167m), the highest point of the trek.
- Rich cultural heritage, lush vegetation, and scenic landscapes.
- Guided tour of cultural heritage sites in Kathmandu Valley.
- The oldest monastery in Sama Gau.
- A stunning view of one of the highest peaks in the world, Mt. Manaslu (81263)
- Abundant wildlife like Himalayan thar, blue sheep, Himalayan marmots, and, if lucky, snow leopards are also seen.
- experience of local food, lifestyles, and Tibetan-influenced culture.

## Trip Itinerary

### Day 1: Pick up from airport transfer to Hotel

Our representative will pick you up at the airport. You will be escorted to your hotel. Then, our representative will explain the plans for the trek and tours. For more details, contact us.

## **Day 2: Sightseeing Kathmandu and planning for trekking**

After breakfast, we start our journey through four stunning UNESCO World Heritage Sites. These incorporate the structurally rich Durbar Square, the holy Hindu sanctuary of Pashupati Nath, and the Buddha Nath Stupa, which is one of the biggest stupas on the planet. After finishing our visit late in the evening, we drove to the hotel to become more acquainted with our group pioneer (guide) and kindred explorers.

## **Day 3: Drive from Kathmandu to Machha Khola**

## **Day 4: Trek from Machha khola trek to Jagat**

## **Day 5: Trek from Jagat Trek to Deng**

## **Day 6: Trek from Deng trek to Namrung**

## **Day 7: Trek from Namrung trek to Syahla village**

## **Day 8: Trek from Syahla village to Sama gau via Pungen monastery**

## **Day 9: Rest day, Explore around the village and Birendra lake**

## **Day 10: Trek from Sama Gau trek to Samdo village**

## **Day 11: Trek from Samdo village trek to Darmasala**

## **Day 12: Trek from Darmasal trek to Bhimthan over Larke-la Pass (5160)**

## **Day 13: Trek from Bhimthang trek to Tilche village**

## **Day 14: Trek from Tilche trek to Dharapani and drive to Besishahr**

## **Day 15: Drive from Besishahr to Kathmandu**

## **Day 16: Fly to your Destination**

## **Cost Includes**

- pickups and drops in a private vehicle at the airport upon your arrival and departure.
- All ground transportation is on a comfortable private vehicle as per the itinerary.
- 3-star hotel accommodation in Kathmandu with breakfast ( hotel standard will be changed as you wish).
- The Kathmandu Sightseeing Tour is inclusive of all entry fees, a tour guide, and a private vehicle as per the itinerary.
- Teahouse accommodation during the trek.
- Domestic flights as per the itinerary.
- Breakfast, lunch, and dinner during the trek.
- Accommodation is provided in guesthouses throughout the trek.
- An experienced, English-speaking, and government-licensed trekking guide.
- Porter service (2 trekkers: 1 porter).
- Trekking crew, including their salary, insurance, equipment, domestic airfare, food, and accommodation.
- Highland Eco's duffel bag.

- All necessary paperwork and trekking permits ('Restricted Areas' Permit, ACAP, MCAP, TIMS).
- A first-aid safety kit with basic medicines is essential.
- All government and local taxes and fees.

## **Cost Excludes**

- Nepal Entry visa fees
- Extra-night accommodation in Kathmandu because of early arrival, late departure, or early return from the mountain (due to any reason) compared to the scheduled itinerary
- Lunch and evening meals in Kathmandu
- International flights
- Personal trekking equipment is not provided by Highland Eco-Trek
- Travel and rescue insurance
- Tips to the guide, porter, driver, or any other trekking staff